

Guide to Counseling Resources in St Louis

Crisis Services

Behavioral Health Response (BHR)	314-469-6644 or 1-800-811-4760
Life Crisis Services, Inc.	314-647-HELP
KUTO (Kids Under Twenty One)	1-888-644-5886

These are hotline numbers that can be called by people who are in crisis. Another crisis intervention is to go to the Emergency Room for an evaluation. The client may be driven to the ER, or an ambulance or the police can be called.

Sliding Scale Counseling Agencies

Care and Counseling	314-878-4340
Catholic Family Counseling	314-968-8010
Center for Biblical Counseling and Education	314-576-9894
Christian Family Services (marital, pregnancy, adoption)	314-968-2216
Christian Psychological and Family Services	314-567-4994
Community Psychological Services (UMSL)	314-516-5824
Family Resource Center	314-534-9350
Jewish Family and Children's Services	314-993-1000
Lutheran Family and Children's Services	314-787-5100
Meier Clinic	314-849-2120
Provident Counseling	314-533-8200
Psychological Services Center (Washington Univ.)	314-935-6555
Psychological Services Center (St. Louis Univ.)	314-977-2278
The Schiele Clinic (St. Louis Psychological Institute)	314-361-7075

Note- these resources are not necessarily Christian, but many offer services for reduced rates, having other funding sources.

Additional Resources

Al-Anon Information Center	314-645-1572
Alcoholics Anonymous	314-647-3677
Broken Rainbow (for children of divorced families)	nancy@centralpres.com
Celebrate Recovery	314-962-9363
Gamblers Anonymous	314-647-1111
Grief Support Groups at Missouri Baptist	314-966-5105
Parents Without Partners	314-966-4250
Second Chapter (divorce recovery program)	nancy@centralpres.com
Survivors of Suicide (at Life Crisis Services)	314-647-3100
Victim Service Council	314-889-3075
Women's Support & Community Services- Central	314-531-2003
South City	314-776-6727